

Japanese Problems

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S. U

During the group discussion in the Super English Camp in Kumamoto, we discussed about some Japanese problems. Our group discussed about bullying and plastic. I have two things to say about these things.

For the first discussion topic, I want to talk about why Japanese students do bullying. I think an environment of dissatisfaction and stress can make children aggressive, and children who are not good at putting up with others or who want to be accepted by others will turn to others as an outlet for their frustration. This can lead to self-defense through taking it out on others, anger, putting others down to maintain self-esteem, and the need for attention, which is the driving force behind bullying. On the other hand, despite the fact that schools and communities are promoting measures to prevent bullying among children, bullying is not going away. Moreover, bullying is not limited to children, but often occurs among adults as well in the form of “power harassment” and “moral harassment”. So what can we do?

First, accept your child and nurture his or her sense of self-worth and compassion for others. To do this, you need to give your children warm hugs, acknowledge what they say and do, and praise them. Second, when someone is being bullied, they are in a state of mind where they cannot tell anyone else. Therefore, in order to resolve bullying at an early stage, it is important to notice the signs of bullying that children display in their daily lives and to ask the school about the situation if there are any concerns.

For the second discussion topic, I want to talk about why we can't drop plastic garbage aimlessly. Due to littering and improper disposal methods, plastic garbage is blown away by the wind or washed away by rivers, and eventually ends up in the ocean. The amount is said to be 8 million tons per year. It is also estimated that the amount of plastic waste will exceed the number of fish by 2050, and this is a problem that all countries must actively tackle. Plastic waste not only destroys the important environment of the ocean, but also affects its ecosystem. It also causes enormous damage to the lives of those of us who eat the fish and shellfish that live in the ocean. The first thing we can do to solve this kind of problem is to bring our own bags or

bottles.

Japan has such problems. It is up to each and every one of us to take action to solve these problems. I think it is important for us, the people who will be responsible for the future, to think about the people of the future generation and act accordingly.