Trash Problem

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What is Japan's problem you can think of? There are many problems. For example, aging population, declining birthrate, large scale disaster, plastic trash problem, and so on. They must be solved. Our team discussed about the trash problem. We suggest four things we can do.

First of all, we can buy a water bottle and make bento (lunch) by ourselves. Many people are buying plastic bottles and bentos at the convenience stores and supermarkets. Exactly! They are convenient because we don't have to prepare our lunch and drinks by ourselves. I think it is good, but we should think more about environment than convenience from now on. You can try to help the environment, too, by making rice balls and coffee instead of buying them at the store.

Second of all, we should work on recycle actively. There are many things that can be recycled. For example, cans, plastic bottles, paper, cardboard, and some garbage. That's a lot! We should recycle them. So, we have to know how to recycle properly. If there is anyone who doesn't know how to recycle well, let's teach it to them. We can save resource and decrease trash quantity through recycling. Usually, we can find a recycle guidebook that is made by the City Hall. We should check it. But we haven't seen English guidebook. It is not kind for foreigners. So we should make English guidebook. Then more and more people will be able to use it.

Third of all, we need to make a new type of mask. Recently, we have to wear a mask when we go outside and talk to someone because of COVID-19. Most of the people are using disposable masks. I am using it, too. But, using a disposable mask is connected to the increase of trash quantity. So, we suggest making paper mask and washable mask. Paper masks are easy to recycle. Washable masks are good for environment, and we can save money too.

Fourth of all, we should use secondhand stores more. Do you know about secondhand stores? It is a store that you can buy secondhand goods and sell your unnecessary things. You can buy things that you want cheaper than at another store because the thing is not new. So, we can buy many things that we want. And, we can get money by selling our unnecessary things. Recently, online secondhand stores have started business, such as, Mercari, Yahoo Auction, and Second Street. We can buy or sell things anytime and anywhere.

In these ways, we have a lot of method to reduce the trash, such as use secondhand stores, make a new type of mask, and make your own lunch. We should try to do what we can do little by little. I hope to reduce quantity of the trash little by little from now on.