

How to Make the Beautiful Earth

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We thought one of Japan's problems is the amount of plastic trash. First, some people buy bentos every day. It is one origin of plastic trash in Japan because almost bentos are in plastic containers. Also, some people buy PET bottle drinks everyday from convenience stores.

In addition to bentos and PET bottles, these days, because of the corona virus, we need to wear masks which are also made from plastic everyday. According to research, the amount of plastic trash which flows into the sea is eight million tons every year; it can fill up 7 Tokyo Domes. And experts predict that in 2050, the amount of plastic trash will exceed the number of fish in the ocean. Because plastics do not decompose and last for a long time, if they flow into the ocean, then they can damage the ecosystem of marine life. Now many creatures in the ocean are dying from the plastic trash we threw away.

How can we solve this problem? We suggested three ideas.

First, to reduce the trash from bento, we should make bento ourselves. If we buy cute boxes and chopsticks, it will surely help a lot. In Japan, we have a tradition of making bentos and there are so many books and information on how to make them available on the internet. By using them, let's enjoy making bentos and reducing plastic trash!

Second, let's bring and use personal water bottles every day. In Japan, there are 22.7 billion plastic bottles shipped every year. This is the third largest in the world. By using personal water bottles, we can reduce this number. Also we can save our money by not buying plastic bottles. These days, the number of private water supply spots is increasing. Let's use them!

Third, almost all masks people use are disposable. So how about washable masks? We can use it a lot if we wash it in the washing machine. There are also masks with antibacterial treatment. So by using washable masks, we can balance measures against infectious diseases and decrease plastic garbage.

Our efforts to reduce plastic trash has some positive impacts. Let's think of one example of how reducing plastic is positive. These days, global warming is one of the biggest problems in the world. To make plastic products, oil is used. When it is burned, a lot of carbon dioxide is discharged. Carbon dioxide accelerates global warming. At the same time, we are worried about air pollution. Like these consequences, plastic trash has a big impact on the environment and our lives. We need small efforts everyday to reduce plastic trash. That is what makes a beautiful earth and a sustainable environment. For the future generations, let's act now!