

# Solve the problem of food waste

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Our team thought about how we can help solve the problem of food waste. We suggest four methods.

The first way is for restaurants. The restaurants should not cook many people's dishes at once and should make dishes for each person after the dishes are ordered. If the restaurant should make too many dishes, these dishes are thrown away. The restaurant can't predict fully how many people will eat the dishes, so many restaurants make too many dishes. It is connected to occur to the problems of food waste. The restaurants should change the system in which the restaurants cook too many dishes. If the restaurants cook the dishes for each person after the dishes are ordered, we can prevent cooking too many dishes. It is connected to solve the problem of food waste, but restaurant owners are reluctant to execute it, so the government should make criteria for the amount that can be thrown away at one time. I think it gives the restaurant owners the chance to reconsider the problem of food waste. I hope that there would be no food waste from restaurants.

Second of all, we should consider whether there is any other use for the food we throw away. When I watched TV, a famous French chef was saying "I use a variety of ingredients from chicken head to legs." I have thought that it is an important idea to decrease the problem of food waste. If we use as much as possible from a material, we can decrease the amount of discarding. For example, we can make delicious soup stock from vegetable peels, vegetable cores and surplus chicken. We should know how to cook food with surplus parts.

Third of all, we should understand how much food is at home. We should check inside the refrigerator before going shopping. We often buy too much foodstuff and have to throw away many expired foods. We have to reduce the case. If we take care of that, we will be able to reduce buying too much food. This method is easy for many people. We can try this method soon. I hope many people try this method soon at home.

Fourth of all, we should incorporate new technologies well for solving the problem of food waste. I will give two examples. If there were a device which tells us food is near the expiration date at the store, the store would reduce the amount of food waste. If there were a device which tells us the inside of the refrigerator, we would buy too much food. I hope these devices will spread to the general public.

I gave four ideas to solve the problem of food waste. I hope that many people try these ideas to solve the problem of food waste.